

**Energy Efficiency Specialists™** 

# **Independence Day Safety**

**Instructor --** Chris Jenkins

**Division --** Seattle

**Start Date --** 2025-07-01

**Expiration Date --** Does not expire

Job Name -- Warehouse

Foreman -- Tobias Loeffelbein

Attendance -- Tobias Loeffelbein, Chris Jenkins, Zachary Stewart, Devin Bass

Comments:

As we gear up to celebrate Independence Day, let's take a moment to reflect on what this holiday is really about: freedom, family, community, and the relentless spirit of hard work that built this country. At Hudson Bay Insulation, we live that spirit every day through the pride we take in our craft. So, let's make sure we carry that pride into our celebrations: **safely and responsibly**.

## Fireworks & Fun: Without the ER Trip.

Fireworks are exciting, but they're also dangerous when mishandled. Each year, thousands of injuries: mostly burns to hands and eyes: are caused by improper firework use.

Leave it to the pros. Attend public displays when possible. They're safer and way more spectacular.

If you do use fireworks. Read and follow directions, keep a bucket of water or a charged garden hose nearby, and never attempt to relight a dud.

No horseplay! I know this one is boring, but fireworks are not toys. Never point or throw them at anyone, even your neighbors cat.

### Grills, BBQs, and Open Flame Safety.

Grilling is part of the celebration: but don't let your party go up in smoke.

Keep grills away from structures, dry grass, and overhanging branches.

Never leave a hot grill unattended. Keep kids and pets away.

Use proper starter fluid for charcoal grills : no gasoline or flammable liquids.

#### **Travel & Driving Safety Tips.**

The 4th of July is one of the busiest travel weekends of the year: and also one of the most dangerous on the roads.

Buckle up. Every ride, every time.

Don't drive impaired. If you:ve been drinking, don't get behind the wheel. Designate a designated driver or use a ride-share service like Uber or Lyft.

Watch out for others. Be alert: there will be kids, pedestrians, and cyclists everywhere.

## Heat, Hydration, and Health.

Whether you're working or enjoying the outdoors, don't let the heat catch you off guard.

Hydrate frequently. Water is your best friend: drink it before you're thirsty.

Take breaks in the shade. Don't let heat exhaustion sneak up on you.

Protect your skin. Use sunscreen, wear sunglasses, and cover up when possible.

#### Remember This

Protect What Matters. We work hard all year long to support our families and keep eachother safe on the job: don't let one night of celebration undo that. Independence Day is about honoring our freedoms, and that includes the freedom to return to work in one piece. Let's bring the same commitment to safety to our holiday that we bring to every job site.

Celebrate BIG. Celebrate PROUD. Celebrate SAFE.

Happy 4th of July and thank you all for being part of what makes Hudson Bay Insulation strong!

Stay Safe, Stay Free and Keep Moving Forward!!!